

Minutes of a meeting of Wirral Practice Nurse Association held at the Boulevard restaurant, Hoylake on Thursday 3rd April 2008.

The meeting was sponsored by Kate Rossiter from Sanofi Pasteur MSD vaccines and Vicky Johnson from Organon.

12 Practice nurses attended the meeting. Apologies received from Sue Smith, Chris Gibson, Barbara Goonesinghe, Debbie Dale and Louise Carragher.

Education meeting.

Dr Paula Briggs a GP and lead Dr for sexual health Sefton PCT gave a very interesting and relevant presentation about contraception issues and the new HPV vaccine. The information was very useful for our everyday work. Did you know condoms cannot be too small; the commonest problem is they are put on inside out and spermicides are no longer added to condoms as this can cause irritation and allergies. HPV can cause genital problems from CIN 1 TO 3 and also prostate, vulval and penile cancer. The new HPV vaccine was also discussed. The Mirena IUS is suitable for all ages and is the first line treatment for Endometriosis. Long acting methods of contraception such as Mirena, Implanon and Depo-Provera are now being recognized by the government as more cost effective methods. The oral contraceptive pills available, emergency contraception and risk factors were also discussed. Breakthrough bleeding is a common problem but should not be ignored and a Chlamydia test carried out. This was a very informative talk and copies of the presentation are available from Carol Heath.

Business meeting.

Sue McGuire suggested future meetings to be held on Tuesday or Wednesday as we are all tired by Thursdays, if no objections.

Subs to Cath Farnworth please STILL A BARGAIN AT ONLY £10 due annually in January. You can send them to Cath at Great Sutton Medical Centre, Old Chester Road or to any other committee member, thank you.

Sue McGuire is now the nurse rep on the Nurse forum for Wallasey only, any “issues not moans” to her please, next meeting 13th May.

Any topics you would like covered at future meetings let us know and we will try our best.

Upcoming meetings.

Podiatry sessions 17th April; and 1st May, apply to Carol Heath or Sue Smith.

Contraception and pill update 30th April 6pm -9pm Post Graduate centre Clatterbridge, contact Organon rep victoriajohnson@organon.co.uk 07890630795.

Chronic cough and post nasal drip 29th April, the Boulevard, Hoylake, by Dr Tasca Razvan, contact geraldinecolwell@spcorp.com Schering Plough 07909686676.

Carol Heath, professional development t nurse, made a few announcements. A full day suicide intervention course at Acre Lane Education centre, Bromborough 30th April 9.30-4.30, details from Carol or Sue if you are interested, or email Natalie Todd at wirral pct, it sounds like an excellent course organized by the KSF team.

Imms and Vaccs study days, 2 day course 23rd and 30th April 9.15-4pm, at Royal Standard House, again see Sue or Carol. We will be required in future to have annual updates if vaccinating, but this will be organized with the flu and Pneumonia updates. There will be HPV training sessions set up and also renal failure training to be developed soon.

The pulse oximeters arrived today (Thursday 3rd April), training to be announced and anyone who did attend the previous session can re-attend.

New NMC code of conduct just announced, available on line, Carol strongly recommends we all read it.

NEXT MEETING TUESDAY 13TH MAY, GROVE HOUSE HOTEL, WALLASEY, DR. JOHN CORLESS, SLEEP APNOEA. REGISTRATION 7.15 TO START PROMPT AT 7.30 PLEASE.

Future WPNA meeting dates 2nd July and 9th September.