

## **MINUTES FROM WIRRAL PRACTICE NURSE ASSOCIATION MEETING HELD AT GROVE HOUSE HOTEL 13<sup>th</sup> May 2008.**

SPONSORS:- ASTRA ZENECA

ATTENDANCE 20 Practice nurses/ x3 Infection Control Practice Facilitators

APOLOGIES from Debbie Swift, Debbie Dale

### **Educational Presentation**

Dr John Corless – Consultant Chest Physician Arrowe Park Hospital

Subject – Sleep Apnoea

A thought provoking presentation in summary :-

20% major Road Traffic Accidents are caused by falling asleep at the wheel!

DVLA stipulate untreated Obstructive Sleep Apnoea patients must NOT drive.

**Diagnosis** – confirmed from history, overnight oximetry + formal sleep studies.

**Indicators** – loud snorer, progressive weight gain, BMI 30, collar size 17.5, reports from partner of stopping breathing, excessive daytime sleepiness.

**Treatment** – reduce weight, CPAP (Continuous Positive Airways Pressure), UPPP surgery (although limited evidence to support the latter).

### **REFERRALS**

- To Dr Lawrence's Clinic
- Loud Snorers
- Excess daytime hypersomnolence e.g. at work

### **Business Meeting**

Carol Heath announced x 6 sessions relating to Pulse oximetry are being held – as a clinical update for GP's + nurses – Denise Williams providing presentation around limitations within Primary Care. Pulse Oximeters are now in stock + a logistical approach to distribution will be considered – WATCH THIS SPACE!

CKD Sessions – Carol to organize possibly June 2008.

NMC – updated revision of code of conduct – specific changes to ANAPHYLAXIS (PGD's to be revised accordingly) – information available in BNF.

Nurse Prescribing – you must contact University of your choice and then apply for funding/ nomination forms may be downloaded from prescribing website.

PCT policy/procedures on website re:- guidance to protect YOU and your patients, worth taking a look.

Sue McGuire announced Insulin Initiation – forum in place + next meeting to be held at Cloughton Medical Centre 25/06/08 – Dr Mclelland in attendance.

Diane – request for funding for Practice nurse conference.

Rose Flynn – request for flowers for Molly (Practice Nurse) undergoing chemotherapy – We all send best wishes for a speedy recovery.

Vacancies – Tee-hey lane, extra hours available (Monday, Friday)

WELCOME – new Practice Nurse Sharon Faddon at Sommerville MC.

Infection Control Practice Facilitators ( Julie Collister, Sarah Deveney, Claire smith) announced they are offering training and support free to all staff in the workplace and will be campaigning in June, “ CLEAN YOUR HANDS” they may be contacted on **604 – 7736 ext 8355**

**PLEASE PAY ANY OUTSTANDING SUBS TO CATH FARNWORTH**

**NEXT MEETING to be held at GROVE HOUSE HOTEL 02/07/08 – 7pm registration, subject T.I.A. PRESENTED BY DR RAJ KUMAR.**